Danielle Robertson Rath (known as "the GreenEyedGuide") has nearly 20 years of experience researching caffeine and energy drinks, plus 10 years of experience in Risk Management across multiple industries including Food and Beverage, Supplements, Manufacturing, and IT Consulting.

Danielle is the author of "Are You a Monster or a Rock Star: A Guide to Energy Drinks" and "How to Get Sh*t Done When You Feel Like Sh*t". Her "5 Levels of Fatigue" system has helped thousands of college students, first responders, and female entrepreneurs manage caffeine use and fatigue in the workplace.